

Dear Parents,

Your child will soon be ready to use the bathroom. While this process can seem overwhelming, the following steps have proven to be effective. Of course, potty training will ONLY be successful if children's routines are CONSISTENTLY being followed both at KOCO and at home. This process can be completed in a short amount of time if you are 100% committed to a diaper free life!

1. Child should be able to ask to go potty.
2. Children should wear easy on and off pants.
3. Child must be dry for one week in diapers and then transition to either break away pull ups or underwear.
4. If using pull ups, once dry for a week, move to underwear.
5. We will continue to use diapers at naptime until they wake up dry for 2 weeks.
6. We do not clean out poopy underwear, it will be bagged and disposed of. If it is wet, we will bag it and send it home. We have this policy to maintain infection control standards for our facility and protect the carpet and furniture.

Here are some other helpful hints:

1. Read books about potty training.
2. Have your child sit on the potty during natural transition times, rather than a strict time driven schedule.
3. Watch for signs that your child has to go and take them to the bathroom.
4. Praise them for trying and keep this process emotionally neutral. Be matter of fact.

Communication is critical during this time. We encourage you to discuss any concerns or issues with us and we will also keep you posted on progress.

Thank you,

KOCO Staff