



...to Bexar and Belle's grandparents (the Bonolas) for repairing the bathroom cabinets at cost. What a fabulous job!
 ...to Michaela's mom (Christina Dzagan) for volunteering four afternoons to help with data entry during the Brightwheel transition.



↑ Thanks to police, ambulance and fire departments for visiting us during Community Helper week.



↑ Hay maze at Scott's Orchard



↑ Circle time in the infant room



↑ Bubble, bubble, toil & trouble...

It's Spooky Season

STOP&SHOP

For the month of *October*, every purchase of this \$2.50 reusable Community Bag at our designated Stop & Shop gives us \$1 to support our community.

And you'll have the best trick-or-treating bag EVER!

Benefitting Organization

At This Stop & Shop Location

EAST HAMPTON, CT

stopandshop.2givelocal.com Community Bag Program

FLU SHOTS DUE!

Children aged 6-59 months must receive a flu shot by December 31st in order to continue attending KOCO in the new year. Please submit written documentation of the flu shot to the office. Thanks!

October Events

- October 3: **Board of Directors Meeting**
6:00-7:00 pm, room 101
- October 5: **Preschool Field Trip to Scott's Orchard**
- October 6: **Prof Development Day**
Public schools closed
KOCO open, sign up to attend
- October 9: **Columbus Day**
Public schools closed
KOCO open, sign up to attend
- October 12: **Chatham Health Flu Clinic**
4:00-6:00 pm, room 101
- October 25: **Trunk or Treat**
5:30-7:00 pm, Center School field

Upcoming Events

- November 7 : **Election Day**
Public schools closed
KOCO open, sign up to attend
- November 15: **Stone Soup collection**
- November 15 & 16: **Conferences**
Early Dismissal EHMS
TASC at main KOCO
- November 29 & 30: **Conferences**
Early Dismissal Memorial & Center
- November 22: **Thanksgiving**
Early Dismissal public schools
- November 23 & 24: **Thanksgiving**
Public schools closed, KOCO closed



READING LIST

Recommended Books About Empathy and Kindness

Each grade level in the Second Step® family of programs has a curated list of recommended books that help reinforce the social-emotional skills taught in our programs. The following is a sampling of books from our Early Learning through Grade 2 lists that focus on kindness and empathy.

Early Learning Book List

Those Shoes

by Maribeth Boelts, illustrated by Noah Z. Jones

Jeremy really wants the shoes that all the kids are wearing. The problem is that his family can't afford them. Jeremy will do almost anything to own a pair—including squeeze into a pair on sale that's a size too small. Jeremy soon discovers the "uncomfortable" consequences of this solution and begins to appreciate what he already has.

(caring, compassion, consequences, friendship, helping, name-calling, problem-solving, thinking of solutions)

Enemy Pie

by Derek Munson, illustrated by Tara Calahan King

With his father's help, a little boy learns an effective recipe for turning an enemy into a friend. Available in Spanish:

Pastel para enemigos.

(feelings, change, having fun with your friends, identifying feelings)

A Sick Day for Amos McGee

by Philip C. Stead, illustrated by Erin E. Stead

Amos McGee works at the zoo. Amos always finds time each day to spend in special ways with five of his animal friends. One day Amos is sick. His friends then get a chance to do something special for Amos.

(caring, compassion, empathy, feelings, helping, understanding perspectives)

Have You Filled a Bucket Today?

by Carol McCloud, illustrated by David Messing

This book helps set a positive tone in the classroom by giving children a visual way to think about kindness toward others.

(caring, compassion, empathy, friendship, helping, kindness, welcoming)

Hey, Little Ant

by Phillip Hoose and Hannah Hoose, illustrated by Debbie Tilley

An ant pleads with a boy not to squash him. (Comes with musical notation.) Available in Spanish: *Oye, Hormiguita.*

(similarities and differences)

Kindergarten–Grade 2 Book List

Be Kind

by Pat Zietlow Miller, illustrated by Jen Hill

"Be kind" is nice advice, but how do you do it? A child navigates her school day trying, and sometimes failing, to be as kind as possible.

(being assertive, compassion, empathy, feelings, friendship, problem-solving, understanding perspectives)

Come With Me

by Holly McGhee, illustrated by Pascal Lemaître

A little girl, frightened by what she sees in the news, asks her parents what she can do. Their simple, perfect solution is to say, "Come with me." Hand in hand, they face the world.

(compassion, empathy, understanding perspectives)

Each Kindness

by Jacqueline Woodson, illustrated by E. B. Lewis

Chloe and her friends tease Maya, the new girl, for her old clothes and toys. One day, Maya's seat in class is empty, and Chloe learns a harsh lesson in missed opportunity.

(compassion, consequences, understanding perspectives)

A Sick Day for Amos McGee

by Philip C. Stead, illustrated by Erin E. Stead

Amos McGee works at the zoo. Amos always finds time each day to spend in special ways with five of his animal friends. One day Amos is sick. His friends then get a chance to do something special for Amos.

(caring, compassion, empathy, feelings, helping, understanding perspectives)

The Invisible Boy

by Trudy Ludwig, illustrated by Patrice Barton

Brian is a quiet kid, and he feels invisible. But the new kid in class might have it worse—he gets teased on his first day. Brian draws him a picture, and that little act of kindness changes everything.

(empathy, feelings, friendship, problem-solving, understanding perspectives)

Last Stop on Market Street

by Matt de la Peña, illustrated by Christian Robinson

CJ complains about the rain, taking the bus, and not having the same cool toys other kids have. But with some gentle humor and encouragement from his grandmother, he begins to see the beauty all around him.

(compassion, feelings, understanding perspectives)

Most People

by Michael Leannah, illustrated by Jennifer E. Morris

When the world looks scary, it's reassuring to remember that most people want to be kind, helpful, loving, and funny. This book meanders through a busy city, showing all kinds of people helping, playing, and sharing.

(compassion, feelings)